

Systemic Lupus Erythematosis

Most commonly affects women aged 20-40.
Is more common in Afro-Caribbeans.

Anaemia (of chronic dis) (70%)



Haemolytic anaemia (10%)



Fever



Hypertension



Epilepsy



Headaches



Skin (80%)
(photosensitivity)
Malar rash (30%)
Non-specific erythem

Lungs
(Affected in 50%)
Lupus pneumonitis
Pulmonary fibrosis ("honeycomb lung")
Pleurisy +/- effusion.
Patchy consolidation (Areas of collapse).
Shrinking lungs (uncommon but characteristic)

Cardiovascular
(Affected in 40%)
Pericarditis

Splenomegaly (rare)

Renal
(Affected in 100%)
Almost any manifestation of renal disease incl....
Hypertension.
Nephrotic syn.

Joints (90%)
Migratory, asymmetrical polyarthropathy.
Finger, Wrists, Elbows, Shoulders, Knees & Ankles.

CNS (50%)
Headaches
Polyneuropathy
Stroke, psychoses, depression (rare)
Epilepsy (rare)

Sjogren's syn. (Dry eyes & dry mouth)

Oral ulceration

Hypothyroidism (rare)

Generalised lymphadenopathy (50%)

Arthropathy



Purpura



Raynaud's (10%)



Polyneuropathy

Thrombocytopenia leading to purpura.

Haematuria & Proteinuria

