

# Causes of Acute Respiratory Distress Syndrome (ARDS)

Increased capillary permeability within the lung leading to oedema.  
Often accompanied by multi-organ failure.  
Leads to respiratory distress (cyanosis, tachypnea and tachycardia)  
Bilateral fine inspiratory crackles on examination.  
Caused by either direct lung injury or secondary to severe systemic illness.  
The following are risk factors for developing ARDS.

